

CBH COVID-19 SAFETY POLICY AND RECOMMENDATIONS—Updated 2/12/2023 For Members, Guests, and Religious School

Introduction

Our Covid-19 Policies are based on our Jewish values, consultation with our Medical Advisory Committee and recommendations from the CDC and the NJ Department of Health, all with the purpose of sustaining a vibrant Jewish community at CBH.

As the Covid-19 situation continues to change and evolve, CBH's COVID Policy and Health Recommendations may be modified to reflect current best practices as determined by the CBH leadership.

Our members are diverse in their ages, physical health and risk tolerance. Our Policies try to account for these differences while supporting Brit Kehillah and our physical well-being.

Achrayut...Responsibility—Each of us must consider the consequences of our actions to ourselves and think about how those actions will affect others and what help we can be to others. Each of us must evaluate what our personal risk tolerance is and use that as our personal guide while abiding by the CBH policy.

CBH Statement of Values

As CBH seeks to remain a vibrant Jewish community in the midst of the ongoing Covid-19 pandemic, we are committed to:

- the safety and health of our community, staff, and everyone who uses our facilities.
- serving as a supportive community that is inclusive and sensitive to the needs of all our members.
- making decisions based on scientifically sound, evidence-based recommendations from experts, government, and health care agencies.
- the Torah value of placing the preservation of human life above all other considerations.
- Valuing our Covenantal Jewish Community, in which we can rely and trust in one another to follow this policy.

Our guiding Jewish values are:

- • *Pikuah Nefesh* / פיקוח נפש / Preserving Life
- • *Kol Yisrael Aravim Zeh Lah Zeh* / כל ישראל ערבים זה לזה / Mutual Responsibility
- • *Shivyon* / שוויון / Equity
- • *Shalom Bayit* / שלום בית / Communal Harmony

CBH COVID-19 SAFETY POLICY

As of - February 12, 2023

1. All members and guests, vaccinated and unvaccinated, are welcome at all CBH weekly and usual programs, services, events, and Religious School.
2. Masks are optional when Community Level Readings, issued by the CDC and the NJ Department of Health, are Low, Medium, or High. Members should assess their own personal health needs and risk tolerance when deciding on masking.
3. If you are ill with Covid-19 or exposed to the virus, you must follow the CDC guidelines on masking and on how long to isolate, and/or contact your doctor for this information and guidance, before returning to CBH.
4. **YOU SHOULD NOT ATTEND** any event at CBH if you are not feeling well for any reason and/or exhibiting symptoms including fever, chills, cough, muscle or body aches, new loss of taste and/or smell, sore throat, nasal congestion or runny nose, vomiting, or diarrhea.
5. The Education Director can modify or alter the COVID Policy requirement for the Religious School as applicable to changing situations for students (ie: a Flu outbreak) by contacting the President and/or EC for approval, and then notifying parents.
6. This policy will be re-evaluated as appropriate and CBH reserves the right to make last minute changes to this policy whenever necessary, such as: unforeseen surges of illness, alerts from the CDC and/or the CBH Medical Advisory Committee.

ADDITIONAL RECOMMENDATIONS

- We support, encourage, and strongly recommend Covid-19 vaccination and boosters for all who are eligible. We encourage you to discuss this with your doctor.
- We support and encourage, when the community level of COVID-19 transmission is High, that people wear a mask at most indoor events.
- We support and encourage people with serious health issues and at risk for serious disease, wear a mask at most indoor events.